

BREAKFAST

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

3 Yogurt Cinnamon Grahams	4 Blueberry Burst Whole Grain Bagel with Cream Cheese	5 HOT Rise and Shine Breakfast Burrito Egg and Cheese	6 HOT Pancakes with Syrup	7 Apple Muffin
10	11	12	13	14
17 Cheerios Animal Crackers	18 HOT French Toast Sticks	19 Blueberry Burst Whole Grain Bagel with Cream Cheese	20	21
24	25	26	27	28

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

This institution is an equal opportunity provider.

All grains offered are whole-grain rich.

BREAKFAST

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

3	4	5	6	7
Yogurt with Cinnamon Grahams	Blueberry Burst Whole Grain Bagel with Cream Cheese	HOT Rise and Shine Breakfast Burrito Egg and Cheese	HOT Pancakes with Syrup	Yogurt Educational Snacks Apple Muffin
1 0	1 1	1 2	1 3	1 4
Cheerios	HOT French Toast Sticks	Blueberry Burst Whole Grain Bagel with Cream Cheese	Biscuit and country gravy	Mini French Toast Muffin String Cheese
1 7	1 8	9	2 0	2 1
2 4	2 5	2 6	2 7	2 8

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LUNCH

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

3	4	5	6	7	X
Grilled Chicken Bites with BBQ Beans and Corn Diced Carrots	Cheesy Pizza Bite Meal Seasoned Green Beans	Pepper Jack Cheeseburger Pinto Beans	BBQ "Beef" Vegan Calzoni Chopped Lettuce and Tomatoes with Ranch	Cheese Pizza Green Peas	
1 0	1 1	1 2	1 3	1 4	X
Flame – Broiled Beef Burger Steamed Corn	Crispy Chicken Sandwich Seasoned Green Beans	Baked Mac & Cheese and Chicken Bites Pinto Beans	BBQ Chicken with Cheesy Rice Chopped Lettuce and Tomatoes with Ranch	Cheese Pizza Sweet Potatoes	
1 7	1 8	1 9	2 9	2 1	
2 4	2 5	2 6	2 7	2 8	
					o

Lunch: choice of 1%
or fat-free milk; fresh
fruit available daily.

Dairy-free and
vegetarian (V)
options available
daily – if not listed on
the menu, available
upon request.

Vegetable of the
day

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LUNCH

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

3	4	5	6	7	X
Popcorn Chicken Bites with BBQ Beans and Corn Glazed Carrots	Cheesy Pizza Bite Meal Seasoned Green Beans	Pepper Jack Cheeseburger Seasoned Green Beans	BBQ "Beef" Vegan Calzoni Chopped Lettuce and Tomato with Ranch	Cheese Pizza Green Peas	
1 0	1 1	1 2	1 3	1 4	X
The Revolution Hot Dog Steamed Corn	1 8 Greek Meatball Flatbread Seasoned Green Beans	1 9	2 0	2 1	
2 4	2 5	2 6	2 7	2 8	

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free and vegetarian (V) options available daily – if not listed on the menu, available upon request.

Vegetable of the day

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SNACKS

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

3	4	5	6	7	DID YOU KNOW? Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always: Designed with Kids Created by Chefs Nutritionally Balanced Made with High-Quality Ingredients Learn more about us on our website at revolutionfoods.com Snack: fresh fruit available daily except when Sunbutter, string cheese or juice is served.
Goldfish Cheese Crackers	String Cheese	Educational Snacks	Honey Grahams	Giant Cinnamon Goldfish Grahams	
10	11	12	13	14	
Goldfish "Hot and Spicy" Cheddar Crackers with String Cheese	Educational Snacks	Goldfish Cheese Crackers	Animal Crackers	Goldfish Pretzels	
17	18	19	20	21	
24	25	26	27	28	

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