



SEPTEMBER CEDAR TREE

Lunch Menu

Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Garlic Ginger Chicken Seasoned Rice Green Beans Roasted Red Peppers Cantaloupe 1% & Fat-Free Milk	4 Turkey Chili Herb Tortilla Strips Pinto Beans Sautéed Corn Peaches 1% & Fat-Free Milk	5 Cajun Chicken Salad Sandwich w/ Ciabatta Bread Roasted Carrots Celery Sticks Peaches 1% & Fat-Free Milk	6 Three Cheese Mac & Cheese Mozzarella, Parmesan, Cheddar Sautéed Spinach Sautéed Mushrooms Apples 1% & Fat-Free Milk
9 Rasta Pasta Green Peas Roasted Tomato Peaches 1% & Fat-Free Milk	10 Jerk Chicken White Rice Black Beans Mango Salsa Green Grapes 1% & fat-free milk	11 Primavera Pasta Salad Roasted Chickpeas Roasted Zucchini Roasted Red Peppers Apples 1% & Fat-Free Milk	12 Chicken Stir-Fry Seasoned Rice Roasted Carrots Sautéed Snap Peas Cantaloupe 1% & Fat-Free Milk	13 BBQ Meat Loaf Dinner Roll Roasted Asparagus Smashed Potatoes Apples 1% & Fat-Free Milk
16 Taco Style Chicken Salad Ciabatta Bread Street Corn Sautéed Cabbage Watermelon 1% & Fat-Free Milk	17 Picadillo Seasoned Rice Yellow Plantains Black Beans Pineapple 1% & Fat-Free Milk	18 Antipasto Farro Salad Mozzarella Balls w/ Basil & Parsley Grape Tomatoes & Red Onions Spring Mix & Avocado Plums 1% & Fat-Free Milk	19 Turkey Sloppy Joe Brioche Bun Sweet Potato Wedges Green Peas Honeydew 1% & Fat-Free Milk	20 Herb Chicken Breast Lemon Herb Couscous Green Beans Roasted Beets Apples 1% & Fat-Free Milk
23 Mojo Chicken White Rice Yuca Al Escabeche Brussels Sprouts Slaw Kiwis 1% & Fat-Free Milk	24 Beef Stroganoff Egg Noodles Roasted Carrots Watermelon Arugula Salad Peaches 1% & Fat-Free Milk	25 Chicken Salad Sandwich Ciabatta Bread Roasted Carrots Roasted Broccoli Apples 1% & Fat-Free Milk	26 Alambre de Pollo Corn Tortillas Onion & Peppers Cotija Cheese & Salsa Verde Pineapple w/ Tajín & Lime 1% & Fat-Free Milk	27 Shawarma Chickpeas Pita Bread Cucumber, Feta, Tomato Salad Homemade Tzatziki & Lettuce Watermelon 1% & Fat-Free Milk
30 Vegetable Biryani w/ Lentils Seasoned Rice Roasted Carrots Raita & Kachumber Salad Mango 1% & Fat-Free Milk				



SEPTEMBER

CEDAR TREE

Breakfast Menu

Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p>	<p>3</p> <p>Assorted Danish Red Rabbit O's</p> <p>Strawberries 1% & Fat-Free Milk</p>	<p>4</p> <p>Peach Baked Oatmeal Red Rabbit O's</p> <p>Oranges 1% & Fat-Free Milk</p>	<p>5</p> <p>WW Mini Bagel w/ Cream Cheese & Jelly Red Rabbit O's</p> <p>Pears 1% & Fat-Free Milk</p>	<p>6</p> <p>Yogurt w/ Strawberry Compote Red Rabbit O's</p> <p>Pears 1% & Fat-Free Milk</p>
<p>9</p> <p>WW Mini Bagel w/ Jelly Red Rabbit O's</p> <p>Oranges 1% & Fat-Free Milk</p>	<p>10</p> <p>Banana Bread Muffin Red Rabbit O's</p> <p>Strawberries 1% & Fat-Free Milk</p>	<p>11</p> <p>Cheesy Herb Frittata Red Rabbit O's</p> <p>Pineapple 1% & Fat-Free Milk</p>	<p>12</p> <p>Peach Mango Bread Red Rabbit O's</p> <p>Honeydew 1% & Fat-Free Milk</p>	<p>13</p> <p>Strawberry Baked Oats Red Rabbit O's</p> <p>Watermelon 1% & Fat-Free Milk</p>
<p>16</p> <p>Raisin Bran Cereal WW Mini Bagel</p> <p>Bananas 1% & Fat-Free Milk</p>	<p>17</p> <p>Grits & English Muffin w/ Turkey Sausage Red Rabbit O's</p> <p>Apples 1% & Fat-Free Milk</p>	<p>18</p> <p>Yogurt & Granola Red Rabbit O's</p> <p>Berries 1% & Fat-Free Milk</p>	<p>19</p> <p>Rice Pudding Red Rabbit O's</p> <p>Watermelon 1% & Fat-Free Milk</p>	<p>20</p> <p>WW Mini Bagel w/ Cream Cheese Red Rabbit O's</p> <p>Oranges 1% & Fat-Free Milk</p>
<p>23</p> <p>Granola & Fresh Berries Red Rabbit O's</p> <p>Bananas 1% & Fat-Free Milk</p>	<p>24</p> <p>Red Rabbit O's WW Mini Bagel</p> <p>Cantaloupe 1% & Fat-Free Milk</p>	<p>25</p> <p>WW Mini Bagel w/ Cream Cheese & Jelly Red Rabbit O's</p> <p>Grapes 1% & Fat-Free Milk</p>	<p>26</p> <p>Blueberry Overnight Oats Red Rabbit O's</p> <p>Strawberries 1% & Fat-Free Milk</p>	<p>27</p> <p>WW Bran Muffin Red Rabbit O's</p> <p>Apples 1% & Fat-Free Milk</p>
<p>30</p> <p>Red Rabbit O's WW Mini Bagel</p> <p>Bananas 1% & Fat Free Milk</p>				