



# NOVEMBER

## CEDAR TREE

# Breakfast Menu

\*Menu is subject to change\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Loaded Grits  Apples 1% & Fat-Free Milk
4 School Closed	5 School Closed	6 WW Mini Bagel w/ Cream Cheese  Plums 1% & Fat-Free Milk	7 Red Rabbit O's  Oranges 1% & Fat-Free Milk	8 French Toast Casserole  Oranges 1% & Fat-Free Milk
11 School Closed	12 WG Banana Bread  Oranges 1% & Fat-Free Milk	13 Yogurt & Granola  Cantaloupe 1% & Fat-Free Milk	14 WG Red Rabbit O's  Pears 1% & Fat-Free Milk	15 WG Cinnamon Bread Pudding  Bananas 1% & Fat-Free Milk
18 WG Red Rabbit O's  Apples 1% & Fat-Free Milk	19 WG Strawberry Yogurt & Granola  Oranges 1% & Fat-Free Milk	20 WW Mini Bagel w/ Cream Cheese & Jam  Pears 1% & Fat-Free Milk	21 WG Blueberry Bread  Honeydew 1% & Fat-Free Milk	22 Turkey Sausage, Broccoli & Cheddar Frittata  Pears 1% & Fat-Free Milk
25 School Closed	26 School Closed	27 School Closed	28 School Closed	29 School Closed



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# Lunch Menu

\*Menu is subject to change\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Cuban Beef Picadillo Brown Rice Salad Tortillas  Black Bean Sofrito Green Beans, Salsa Verde  Pears 1% & Fat-Free Milk
<b>4</b>  School Closed	<b>5</b>  School Closed	<b>6</b> Beef Stew Dinner Roll  Roasted Potatoes Honey Braised Carrots Roasted Tomatoes  Apples 1% & Fat-Free Milk	<b>7</b> Chicken Fried Rice Brown Rice  Broccoli & Bell Pepper Stir Fry Sweet Chili Sauce  Bananas 1% & Fat-Free Milk	<b>8</b> Turkey Sausage & Veggie Ciabatta Pizza  Caesar Salad Herb Roasted Veggie Medley  Orange Wedges 1% & Fat-Free Milk
<b>11</b>  School Closed	<b>12</b> Beef Chopped Cheese WG Bun  Sweet Potato Hash Mixed Green Salad  Apples 1% & Fat-Free Milk	<b>13</b> Peruvian Chicken Cilantro Lime Brown Rice  Roasted Carrots Garlic Green Beans  Bananas 1% & Fat-Free Milk	<b>14</b> Crispy Cheese Quesadilla Cheddar & Monterey Jack WW Tortilla  Black Bean Salad Street Corn, Sour Cream  Oranges 1% & Fat-Free Milk	<b>15</b> Lemon Garlic Chicken Grilled WG Pita Bread  Cucumber & Tomato Salad Roasted Red Pepper & Garlic Hummus  Honeydew 1% & Fat-Free Milk
<b>18</b> Coconut Curry Chickpeas Rice & WG Pita Bread  Sautéed Cabbage Roasted Carrots  Pineapple 1% & Fat-Free Milk	<b>19</b> Chicken Saltado Green WG Rice  Oven Roasted Fries Sautéed Green Beans  Bananas 1% & Fat-Free Milk	<b>20</b> Baked WG Spaghetti Ground Turkey Mozzarella Cheese  Spinach Salad Tomatoes & Cucumbers Garlic Bread  Grapes 1% & Fat-Free Milk	<b>21</b> Maple Soy Glazed Beef w/ WG Lo Mein  Broccoli & Mushroom Stir Fry Edamame  Bananas 1% & Fat-Free Milk	<b>22</b> Mumbo Chicken WG Dinner Roll  Buttermilk Ranch Potato Salad Sweet Chili Brussels Sprouts  Oranges 1% & Fat-Free Milk
<b>25</b>  School Closed	<b>26</b>  School Closed	<b>27</b>  School Closed	<b>28</b>  School Closed	<b>29</b>  School Closed