



FEBRUARY

CEDAR TREE

Breakfast Menu

Menu is subject to change
 *Item prepared with locally sourced ingredient

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 WG Cream of Wheat Strawberry Compote Apples 1% & Fat-Free Milk	4 Raisin Bran Cereal Warm Peaches 1% & Fat-Free Milk	5 Oven Baked French Toast Bananas 1% & Fat-Free Milk	6 Maple Cinnamon Oatmeal Strawberries 1% & Fat-Free Milk	7 Blueberry Muffin Scrambled Eggs Warm Cinnamon Apple Sauce 1% & Fat-Free Milk
10 WG Chex Cereal Bananas 1% & Fat-Free Milk	11 WW Mini Bagel w/ Cream Cheese & Jelly Honeydew 1% & Fat-Free Milk	12 Baked Bran Bread w/ local eggs)* w/ Warm Peaches Apples 1% & Fat-Free Milk	13 Cinnamon Raisin Oatmeal Bananas 1% & Fat-Free Milk	14 Cheesy Grits w/ Home fries Pink Grapefruit 1% & Fat-Free Milk
17 School Closed	18 Brown Sugar & Peach Oatmeal Bananas 1% & Fat-Free Milk	19 Toasty O's w/ Golden Raisins Apples 1% & Fat-Free Milk	20 WW Mini Bagel w/ Cream Cheese Cantaloupe 1% & Fat-Free Milk	21 WG Banana Bread Oranges 1% & Fat-Free Milk
24 Peach Yogurt and Granola Pears 1% & Fat-Free Milk	25 WG Blueberry Oatmeal Strawberries 1% & Fat-Free Milk	26 WG Cream of Wheat Bananas 1% & Fat-Free Milk	27 Cinnamon Breakfast Bread Red Rabbit O's Apples & Plums 1% & Fat-Free Milk	28 Scrambled Eggs* w/ Cheddar Cheese WG Biscuits & Fruit Jam Mixed Melons 1% & Fat-Free Milk



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Lunch Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Chicken Pesto Pasta* Vegan Veggie Pasta (V) Cheesy Garlic Baguette</p> <p>Mixed Green Salad w/ Italian Dressing Roasted Green Beans</p> <p>Oranges 1% & Fat-Free Milk</p>	<p>4 Macaroni & Cheddar Cheese Vegan Macaroni (V)</p> <p>Sauteed Cabbage* w/ Red Peppers Roasted Carrots</p> <p>Grapefruit 1% & Fat-Free Milk</p>	<p>5 Honey Mustard Chicken* Honey Mustard Tofu (V) WG Seasoned Red Rice</p> <p>Roasted Broccoli Roasted Butternut Squash</p> <p>Pears 1% & Fat-Free Milk</p>	<p>6 BBQ Meatloaf w/ Local Eggs* Mixed Bean Meatloaf (V) WG Rolls</p> <p>Red Skin Mash Potatoes Roasted Zucchini</p> <p>Apples 1% & Fat-Free Milk</p>	<p>7 Chipotle Chicken Bowl* Tofu Tacos (V) Seasoned Brown Rice</p> <p>Santa Fe Black Beans Seasoned Street Corn</p> <p>Pineapple 1% & Fat-Free Milk</p>
<p>10 WG Spaghetti Alfredo w/ Mozzarella Baked Pasta w/Vegan Cheese (V)</p> <p>Spinach* Salad Roasted Cauliflower w/ Roasted Red Peppers</p> <p>Pears 1% & Fat-Free Milk</p>	<p>11 Brown Stew Chicken* WG Jollof Rice Brown Stew Tofu (V)</p> <p>Steamed Collard Greens* Roasted Carrots</p> <p>Oranges 1% & Fat-Free Milk</p>	<p>12 Spicy Garlic Edamame (VG) WG Lo Mein Crispy Tofu Lo Mein (V)</p> <p>Ginger Carrots Steamed Broccoli</p> <p>Pears 1% & Fat-Free Milk</p>	<p>13 Turkey Chili* Three Bean Chili (V) WG Jalapeno Cornbread</p> <p>Sauteed Corn Garden Salad</p> <p>Strawberries 1% & Fat-Free Milk</p>	<p>14 Jerk Chicken* Jerk Tofu (V) Seasoned Rice</p> <p>Kidney Beans Sauteed Cabbage*</p> <p>Cantaloupe 1% & Fat-Free Milk</p>
<p>17</p> <p>School Closed</p>	<p>18 Beef Marinara WG Spaghetti Baked Pasta w/ Vegan Cheese (V)</p> <p>Garden Salad* w/ Shallot Vinaigrette Garlic Green Beans</p> <p>Grapefruit 1% & Fat-Free Milk</p>	<p>19 Curry Chicken* Curry Chickpeas (V) WG Peas & Rice</p> <p>Roasted Chickpeas Sauteed Cabbage*</p> <p>Pears 1% & Fat-Free Milk</p>	<p>20 Pasta Primavera Mozzarella Cheese Vegan Pasta (V)</p> <p>Roasted Broccoli w/ Red Peppers* Roasted Squash</p> <p>Pineapple 1% & Fat-Free Milk</p>	<p>21 Chicken* & Egg Fried Rice Tofu Fried Rice (V)</p> <p>Ginger Carrots Sauteed Green Peas Chopped Green Onion</p> <p>Bananas 1% & Fat-Free Milk</p>
<p>24 Apple Chicken Salad* Apple Chickpea Salad Sandwich (V) WG French Bread</p> <p>Pickled Cucumbers Roasted Sweet Potatoes</p> <p>Oranges 1% & Fat-Free Milk</p>	<p>25 WG Pasta w/ Marinara Mozzarella Cheese Baked Pasta w/Vegan Cheese (V)</p> <p>Steamed Seasoned Carrots Garden Salad* w/ Vinaigrette Dressing & Chopped Boiled Eggs*</p> <p>Honeydew 1% & Fat-Free Milk</p>	<p>26 Roasted Chicken* Peruvian Tofu (V) Cilantro Lime Brown Rice</p> <p>Garlic Green Beans Cabbage w/ Peppers & Onions</p> <p>Bananas 1% & Fat-Free Milk</p>	<p>27 Beef & Cheese Vegetables & Cheese Quesadilla (V) WW Tortilla</p> <p>Roasted Broccoli Roasted Tomatoes</p> <p>Oranges 1% & Fat-Free Milk</p>	<p>28 Chicken* Tacos Seasoned Tofu (V) WG Tortillas</p> <p>Pinto Beans Steamed Corn Mango Pico de Gallo</p> <p>Pineapple 1% & Fat-Free Milk</p>



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Snack Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pita Bread & Wow Butter 1% & Fat-Free Milk	4 Strawberries, Yogurt & Granola	5 Diced Cucumbers & Tomato Salad WG Toast	6 Applesauce WG Goldfish	7 Cheese Slices Mandarin Oranges
10 Pita Bread & Wow Butter 1% & Fat-Free Milk	11 Cucumber Slices w/ Ranch 1% & Fat-Free Milk	12 Applesauce WG Goldfish	13 Strawberry Yogurt Granola	14 Tortilla Chips & Salsa
17	18 Guacamole & Pita Chips	19 Churro Chips 1% & Fat-Free Milk	20 Apple Butter Toast 1% & Fat-Free Milk	21 Fresh Strawberries Yogurt
24 Applesauce WG Goldfish	25 *	26 WG Goldfish Wow Sandwich Butter	27 Tortilla Chips & Salsa	28 Applesauce Granola