



APRIL CEDAR TREE

Breakfast Menu

Menu is subject to change
*Item prepared with locally sourced ingredient

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 WG Mini Bagel w/ Cinnamon Strawberry Cream Cheese Pears 1% & Fat-Free Milk	2 Peach Yogurt & Granola Parfait Bananas 1% & Fat-Free Milk	3 WG Cheesy Biscuit w/ Jelly Grapes 1% & Fat-Free Milk	4 Caramelized Banana Oatmeal Strawberries 1% & Fat-Free Milk
7 Cream of Wheat Apples 1% & Fat-Free Milk	8 Raisin Bran Cereal Bananas 1% & Fat-Free Milk	9 Oven Baked French Toast Pears 1% & Fat-Free Milk	10 Peach Oatmeal Strawberries 1% & Fat-Free Milk	11 Blueberry Muffin Golden Apples 1% & Fat-Free Milk
14	15	16	17	18
21 WG Chex Cereal Bananas 1% & Fat-Free Milk	22 WG Mini Bagel w/ Cream Cheese & Jelly Honeydew 1% & Fat-Free Milk	23 Baked Bran Bread w/ Warm Peaches Apples 1% & Fat-Free Milk	24 Cinnamon Raisin Oatmeal Bananas 1% & Fat-Free Milk	25 Mixed Berry Yogurt Parfait WG Granola Pink Grapefruit 1% & Fat-Free Milk
28 Raisin Bran Cereal Oranges 1% & Fat-Free Milk	29 Cheesy Grits Bananas 1% & Fat-Free Milk	30 WG English Muffin w/ Jelly Apples 1% & Fat-Free Milk		



APRIL CEDAR TREE

Lunch Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Baked Macaroni & Cheese Cheddar Cheese Vegetarian Macaroni & Cheese (VG) Glazed Carrots Sauteed Cabbage w/ Red Peppers* Grapefruit 1% & Fat-Free Milk	2 Buffalo Chicken* Sandwich Buffalo Tofu (V) WG Sandwich Roll Baked Beans Creamy Coleslaw* Apples 1% & Fat-Free Milk	3 Crispy Cheese Quesadilla Cheddar Cheese Vegan Cheese Quesadilla (V) WG Tortilla Mircogreens Salad* w/Citrus Vinaigrette Fiesta Corn Oranges 1% & Fat-Free Milk	4 Bulgolgi Beef Bowl Bulgolgi Tofu (V) Seasoned Rice Pickled Carrots Steamed Broccoli w/ Scallions* Bananas 1% & Fat-Free Milk
7 Carolina BBQ Chicken* North Carolina BBQ Tofu (V) WG Dinner Roll Roasted Potato Wedges Broccoli Slaw Pickled Red Onions Watermelon 1% & Fat-Free Milk	8 Gravy Mushroom Meatloaf (V) Mushroom Meatloaf w/Veggie Gravy Seasoned Rice Roasted Carrots Sauteed Cabbage* Cantaloupe 1% & Fat-Free Milk	9 Doro Wat (Baked Chicken*) WG Injera Bread Collard Greens* Stewed Lentils (V) Tomatoes & Jalapeno Garnish Apples 1% & Fat-Free Milk	10 Pasta Primavera Mozzarella Cheese Vegan Cheese Pasta Primavera w/ Chickpeas (V) Roasted Yellow & Green Squash* Roasted Cherry Tomatoes Green Onions Pineapple 1% & Fat-Free Milk	11 Chipotle Chicken* Bowl Chipotle Tofu Taco (V) WG Tortilla Santa Fe Black beans Elote Corn Oranges 1% & Fat-Free Milk
14	15	16	17	18
21 Suya Chicken* Brown Suya Tofu (V) WG Jollof Rice Roasted Sweet Potatoes Collard Greens Sweet Plantains Watermelon Slices 1% & Fat-Free Milk	22 WG Spaghetti w/ Marinara Sauce (V) Mozzarella Cheese Spinach Salad* WG Cauliflower w/ Roasted Garlic Grated Parmesan Cheese Oranges 1% & Fat-Free Milk	23 Orange Chicken* Teriyaki Tofu (V) WG Lo Mein Ginger Carrots Steamed Broccoli Green Onions Pears 1% & Fat-Free Milk	24 Turkey Chili* Three Bean Chili (V) WG Jalapeno Cornbread Steamed Corn Garden Salad Strawberries 1% & Fat-Free Milk	25 Cajun Chicken* & WG Stone Ground Cheddar Grits Cajun Tofu (V) New Orleans Red Beans Sauteed Creole Okra Pickled Jalapeno Cantaloupe 1% & Fat-Free Milk
28 Butter Chicken* Butter Tofu (V) WG Herbed Lime Rice Kachumber Salad Sauteed Spinach Cucumber Yogurt Dressing Strawberries 1% & Fat Free Milk	29 Beef Marinara w/ WG Baked Pasta Mozzarella Cheese WG Baked Pasta w/ Vegan Cheese (V) Sauteed Mushrooms w/Onions* Sauteed Zucchini Red Grapefruit 1% & Fat-Free Milk	30 Al Pastor Chicken* Tacos Al Pastor Crispy Tofu (V) WG Tortilla Black Beans Pico de Gallo Sour Cream & Shredded Cheese Pineapple 1% & Fat-Free Milk		



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Snack Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cucumber Slices w/ Ranch 1% & Fat-Free Milk	2 Tortilla Chips & Salsa 1% & Fat-Free Milk	3 Strawberries Yogurt & Granola	4 Applesauce WG Goldfish
7 Wow Butter & Celery Sticks 1% & Fat-Free Milk	8 Strawberries Yogurt & Granola	9 Diced Cucumbers & Tomato Salad WG Toast	10 WG Goldfish Grapefruit	11 Cheese Slices Mandarin Oranges
14	15	16	17	18
21 Pita Bread & Wow Butter 1% & Fat-Free Milk	22 Cucumber w/ Ranch 1% & Fat-Free Milk	23 Mixed Berry Yogurt & Granola	24 Applesauce WG Goldfish	25 Tortilla Chips & Salsa 1% & Fat-Free Milk
28 Cucumber Slices w/ Ranch 1% & Fat-Free Milk	29 Guacamole & Pita Chips	30 Churro Chips 1% & Fat-Free Milk		